

Infant & Early Childhood Mental Health Consultation provided by ADMH is free to children & families across a variety of settings:



EARLY INTERVENTION

Part C Early Intervention eligible children, families & the EI providers who serve them have access to support from our team of Infant & Early Childhood Mental Health Consultants



FIRST CLASS PRE-K

The Alabama Department of Mental Health's team of Infant & Early Childhood Mental Health Consultants provide support to First Class Pre K classrooms statewide.



PEDIATRIC PRIMARY CARE PRACTICES

Infant & Early Childhood Mental Health Consultation is available in a select number of Pediatric Primary Care Practices enrolled in the HRSA funded PATHS program.



OTHER SETTINGS

Infant & Early Childhood Mental Health Consultation is available in other settings as well. Reach out for more information!

To learn more, email us at iecmh.services@mh.alabama.gov or call 334-544-9213

Several free trainings are available to both parents and professionals. Below is a sample of training topics. Additional topics and a training request form can be accessed using this QR code.



FACILITATING ATTUNED INTERACTIONS

The Facilitating Attuned Interactions (FAN) framework is a practical tool for building relationships in a wide range of settings. FAN helps professionals read cues from parents and themselves, leading to empathetic and appropriate responses in even the most difficult conversations.

BUILDING YOUR BOUNCE

Building Your Bounce is a curriculum developed by the Devereux Center for Resilient Children. This training offers a fun way for adults to recognize the importance of their own resilience and how it relates to their ability to provide quality care for children.

UNDERSTANDING TRAUMA IN YOUNG CHILDREN

Trauma causes unique effects on the lives of children ages birth to 5. This training explores a broad and inclusive view of trauma and provides practical ways that professionals can infuse trauma knowledge and understanding into their daily work.

DIAGNOSTIC CLASSIFICATION OF MENTAL HEALTH & DEVELOPMENT DISORDERS OF INFANCY & EARLY CHILDHOOD (DC:0-5)

The DC:0-5 is a developmentally based system for diagnosing mental health problems in the earliest years by identifying and describing disorders not addressed in other classification systems and by pointing the way to effective intervention approaches.